

# My Three Houses™

- This is a way to have a conversation with a child (age 4+), youth, or adult about what is going on in their lives.
- Take breaks as needed.
- Use this tool at the beginning, middle, & end of a case to assess progress.
- Outcomes:
  - Provides insight into a child's/youth's needs / areas for advocacy.
  - Provides a safe way to express worries along with good things.
  - Elevates the child's/youth's voice.
  - **Share results with the CFE Team**

## How to Complete the Activity

- Start with the “House of Good Things”.
  - The child/youth writes, draws or dictates what is currently going well in their life.
- Next, move on to the “House of Worries”.
  - The child/youth writes, draws or dictates what they are worried about.
- Finally, finish on a positive note with the “House of Dreams,”
  - The child/youth writes, draws or dictates what they dream or desire for the future.
- **Be sure to write the participant's exact words in each house.**

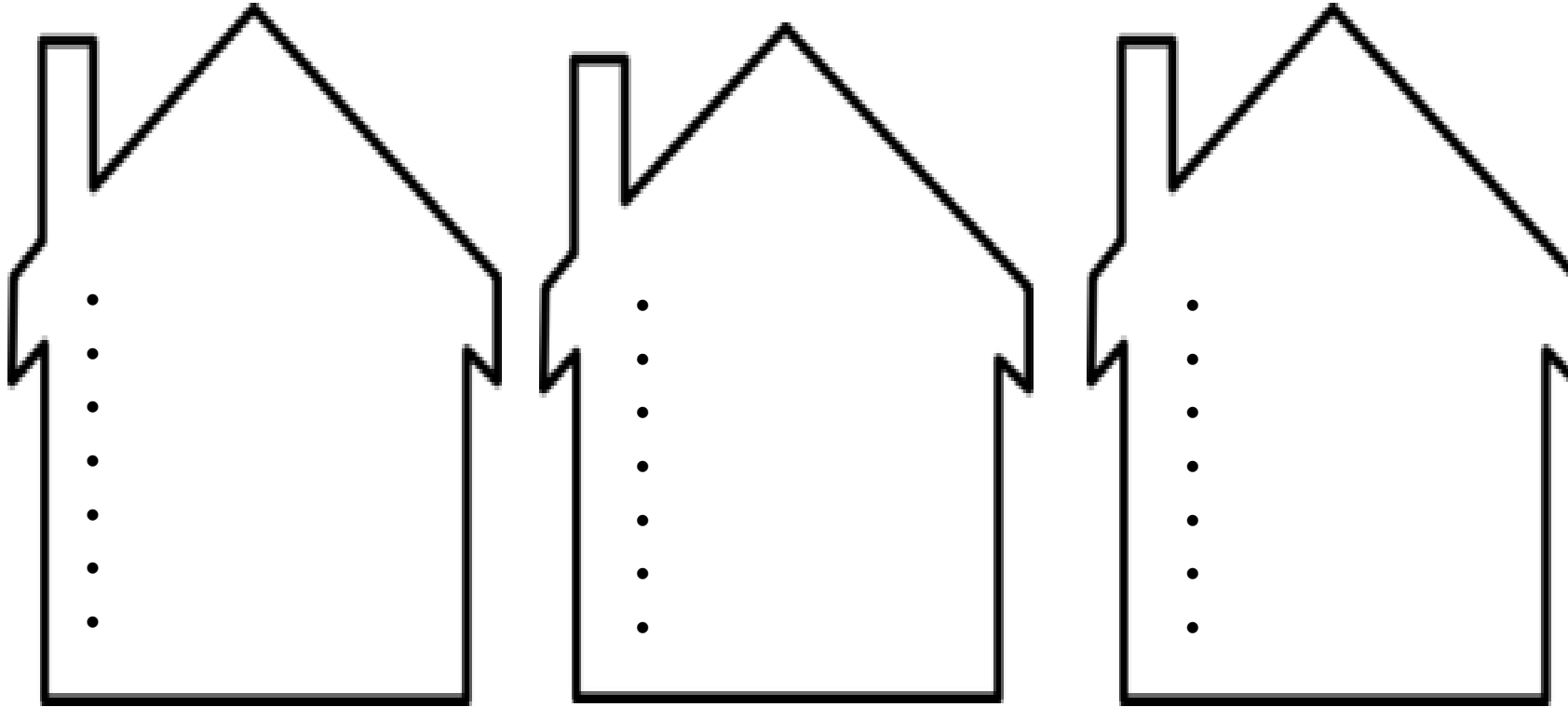


# Questions to Guide Activity

- What is good in your life right now?
- What makes you happy? What is going well?
- Who do you enjoy spending time with?
- What would you like most in the world to do?
- What do you like about school?
- What are your favorite things to do?
- What are you worried about now?
- Who makes you feel, sad, bad, mad, scared or worried?
- What would it look like if your worries were resolved?
- What would you like your life to look like in six months? In a year? Five years?
- What are your hopes for the future?
- How would you like to see a problem solved?
- Can you explain?
- Can you tell me more about that?
- Can you describe your picture?
- **\*Ask open-ended questions to encourage discussion.**



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Worries

Good Things

Dreams



CFE: THE TOOLS TO CREATE CONNECTIONS



TEXAS  
Department of Family  
and Protective Services

