

# Circles of Trust

- Circles of Trust is a diagram of concentric circles with the person's name in the center and people they are connected to in the same or outer circles.
- Outcomes:
  - Provides a visual of connection, or lack of connection to their network.
  - Serves as a catalyst for discussion about how to move naturally occurring relationships closer to the center, and to move professional ones farther away (if necessary).

## How to Complete the Activity

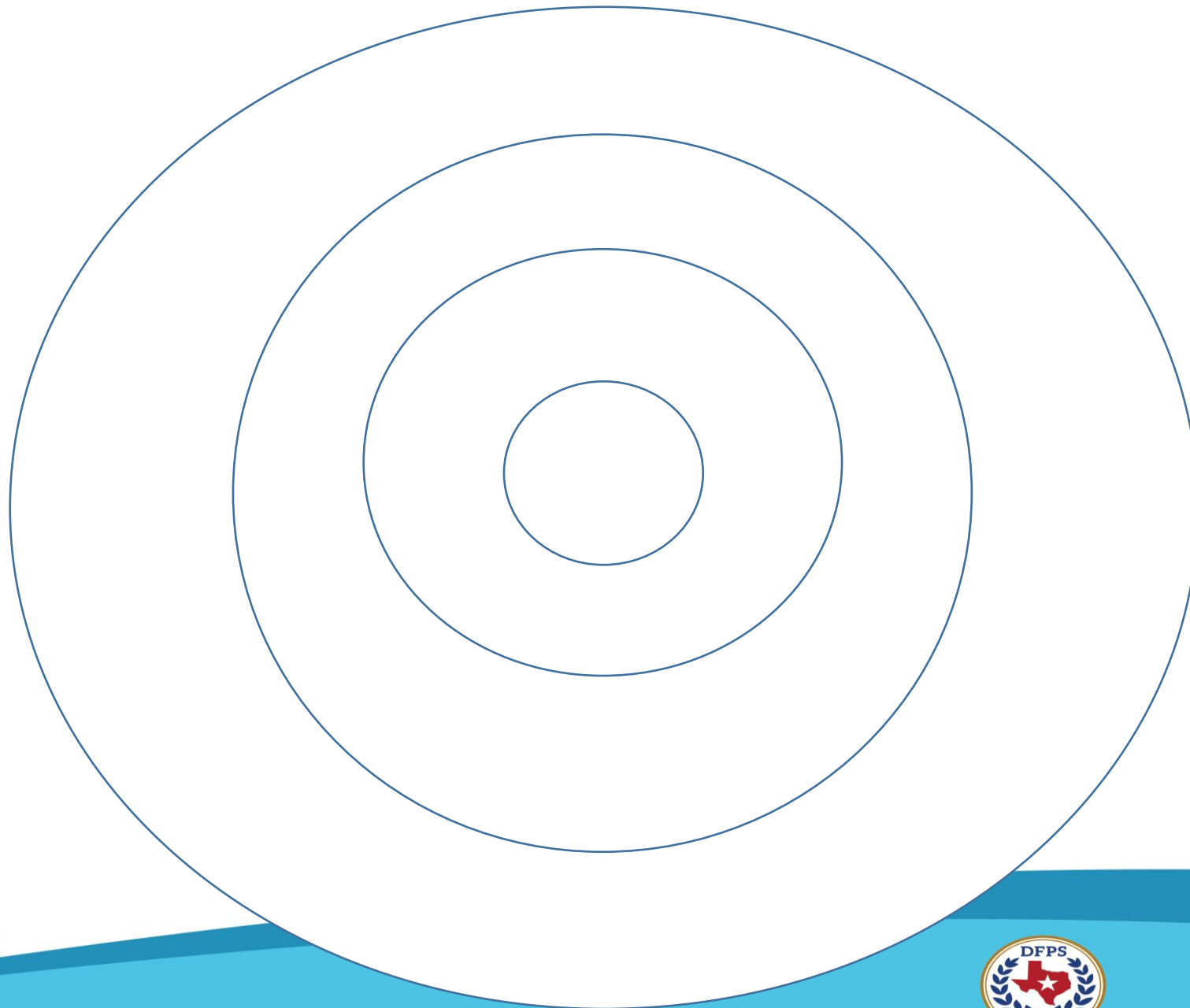
- Ask the child or family member to identify people in their lives and place them in the circle that best represents how close they are to them, or how much support they provide in their lives.
- The closer the people are to the middle, the closer the relationship is and the more support they provide to the child, youth or family.
- Each circle represents a level of closeness, with the innermost circle representing the closest relationships and the outer circles representing lesser connections. People placed outside of the circle areas are deemed not in close relationship.

# Questions to Guide Activity

- Who are you in contact with?
- Who would you call on for support?
- Who do you interact with on daily/weekly/monthly basis?
- What are you involved in, in your community?
- Who do you think of that you may not be in contact with regularly?
- Where would you place your family members?
- Who else is in your network?
- Where would you place your (fill in the blank, refer to genogram or other tool) in the circles?
- \*Note if the individual places CASA or CPS in a circle.



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**CFE: THE TOOLS TO CREATE CONNECTIONS**



**TEXAS**  
Department of Family  
and Protective Services

